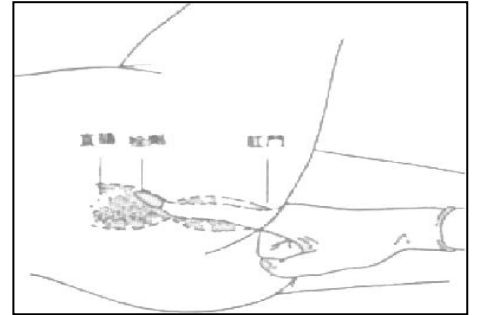


## 肛門栓劑 用藥指導單

給藥前後請洗淨雙手。

1. 將栓劑拆去外包裝，再用溫水沾潤。
2. 仰躺後，用手指將栓劑由較圓滑的一端塞入肛門（約進去 5 公分或食指長度）。
3. 如果栓劑太軟無法使用，可放入冰箱冷藏區 30 分鐘或於拆開外包裝前用冷水沖。
4. 夾住兩臀，保持躺姿 15 分鐘。



## Instruction of Rectal Suppository

Wash your hands before and after using this medicine.

1. Remove the plastic wrapper and moisten the suppository with water.
2. Lie down on your side. Push the suppository well up into the rectum with your finger.
3. If the suppository is too soft to insert, chill it in the refrigerator for 30 minutes or run cold water over it before removing the plastic wrapper.
4. Remain lying down for about 15 minutes to avoid having the suppository come out.



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